

## Students' Residence Rules during the Pandemic Period

Considering as a premise that Portugal will start, from 15th of September 2020, in the so called "Contingency phase" regarding the Covid-19 pandemic, it is important to make clear the new rules that the students who are accommodated at the students' Residence must note, which come into force immediately:

- 1 -The students must wash their hands every time they enter into the Residence;
- 2- The students have to wear a mask in all facilities of the Residence, excepting their rooms;
- 3- There is a control of residents' exits and entries through a required delivery of respective keys, so that at any moment it could be possible to know the number of students at the Residence;
- 4- The security distance of two metres must be respected, as it is recommended by the Direção-Geral de Saúde (DGS), in all common facilities of the Residence;
- 5- As the cleaning of spaces is crucial and a critical issue, the residents will have to proceed to a thorough cleaning of the rooms more frequently. The washing of the bed sheets will be carried out by the students themselves.
- 7- At the laundry, a low and rotating occupation must be accomplished and the presence of no more than three people at a time, is allowed for a maximum period of time of 30 minutes;
- 6- Companionship in the rooms is forbidden, therefore students not residing are not allowed entry to the rooms;
- 8- From 1st October 2020 the meals' service EAT&SLEEP will be provided only in SASIPP canteen, ceasing thus the service of delivery at the Residence;
- 9- At the Residence in Portalegre, the students will be able to use the kitchens on floor 0, although it is only allowed the permanence of 4 people in the biggest kitchen and 2 in the smallest, simultaneously;
- 9.1- The period of time to use the kitchen for each person must not exceed 30 minutes;
- 9.2 – The use of kitchens are restricted to the period of time between 10.00 and 23.00;
- 10- In the study room, for the maximum period of time of 60 minutes a sole user is permitted to carry out work, exceptions may occurs if properly justified. In the lounge area only the number of people corresponding to the seating positions are allowed;



11- The responsible person for the Residence may only allow the use of the sports complex to practise individual physical activity (collective sporting activities are not allowed);

12- The Residence closes its doors for the period of time between 01.00 p.m. and 06.30 a.m., and during that time the entry and exit of users is not allowed , except in exceptional situations particularly justified;

13- The access to facilities is only allowed to the residents or particularly authorized people.

- We stress that by adopting extraordinary measures of containment and physical distance, as well as more careful measures of personal hygiene, namely washing hands constantly, we are contributing to a non dissemination of the virus and protecting ourselves and those who are around us, classmates, relatives and friends.
- The residents must stay in their respective rooms as much as possible.

Note: the current plan will be subject to revision should the situation justify it.

Portalegre, 14th September 2020

Serviços de Ação Social do IPP

