


Updated On	2024/02/17										
Curricular Year / Period	2023/24 / S2										
Course	Equiniculture										
Curricular Unit	Riding II										
Language(s) of Instruction	Português										
ECTS/tempo de trabalho (horas)	ECTS	Total	Horas de contacto semestral								
	4	107	T	TP	PL	S	TC	E	O	OT	EC
			16	0	80	0	0	0	0	0	0
T - Theoretical; TP - Theoretical and practical; LP - Laboratory Practice; S - Seminar; TG - Tutorial guidance; FW - Fieldwork; T - Training; ; EC - Clinical teaching; O* - Other hours typified as Clinical Training under the Directive 77/453/EEC of June 27, adapted by Directive 2005/36/EC.											
Teacher in charge (GDPR consent) <small>[complete name, email]</small>	José António Da Costa Freitas / jose.freitas@ippportalegre.pt										
Other teachers (GDPR consent) <small>[complete name, email]</small>	Carlota Beatriz Rico Duarte / carlotaduarte@ippportalegre.pt										
Prerequisites <small>[Curricular Units that must precede and specific entry competences]</small>											
Learning outcomes <small>[Description of the overall and specific objectives] [Knowledge, skills and competences to be developed by students]</small>	Knowledge: Riding theory and its practical application. Skills and Competences: Consolidating the work of horses on the lunge and in freedom. Continuing to develop the guiding principles of saddle placement - flexibility, balance, solidity, and ease - that allow the necessary connection to the movement. Performing arena figures and transitions. Using the aids so that the horse works calm, rhythmic, and flexible. Successfully performing Preliminary Level 3 protocols. Conducting over simple fences on a showjumping course. When working a horse outdoors, using the slope changes to gymnastic the horse and develop some of the characteristics of a well-worked horse.										
Sustainable Development Goals											
Syllabus	<p>THEORETICAL CLASSES:</p> <ol style="list-style-type: none"> General rules for the use of aids (simple reins and their effects, the use of legs, and body weight); the aid agreement. Mechanics and degrees of natural movements. The side works. Characterization of hops, hit and approach zones; compound heels. The gymnastic work of the horse; the circle work; lateral movements. Addressing the different obstacles; driving on obstacle courses. The physical preparation of the CCE horse and the different training methods; the recognition and detailed analysis of the cross country course. <p>PRACTICAL CLASSES:</p> <ol style="list-style-type: none"> Consolidation of work on a lunge and free basis. Progression in the work at walk: speed control, work in circles, and tight turns. Progression in the work at trot: straightness. Progression in the work at canter: straightness. Consolidation of the work of show jumping (maximum height of 1.00 m). Progression of work on varied terrain. 										

<p>Teaching methodologies (including assessment)</p> <p>[Specify the types of assessment and the weights and evaluation criteria]</p>	<p>1 - Teaching methodologies</p> <p>Theoretical classes with presentation and discussion of concepts. Practical classes in which the concepts are explained and demonstrated, and then applied by the students.</p> <p>Continuous assessment, based on the evaluation moments throughout the semester. There are no final term examinations.</p> <p>2 - Period assessment</p> <p>2 Dressage tests - 35%</p> <p>2 Show Jumping tests - 35%</p> <p>2 Written tests - 30%</p> <p>3 - Examination assesement</p> <p>Not applicable</p>
<p>Bibliography</p>	<p>1 - Main Bibliography</p> <p>Mathias, J (1996). Arte de saltar. Inapa Pombeiro, J; Almeida, E; Sequeira, J. (2004). Manual Oficial de Formação Equestre. FEP/IDP/ENE Silva, AT (2009). Hipologia - Guia para o estudo do cavalo. Lidel Veloso, M (2009). Manual do monitor de equitação geral. ENE.</p> <p>2 - Complementary Bibliography</p>
<p>Special Situations</p> <p>[Students with special status]</p>	<p>1 - Period assessment - Students with special status</p> <p>Attendance at the evaluation moments is compulsory.</p> <p>2 Dressage tests - 35%</p> <p>2 Show Jumping tests - 35%</p> <p>2 Written tests - 30%</p> <p>2 - Examination assesement - Students with special status</p> <p>Not applicable</p>