


Updated On	2023/09/17																															
Curricular Year / Period	2023/24 / S1																															
Course	Equiniculture																															
Curricular Unit	Riding III																															
Language(s) of Instruction	Português																															
ECTS/tempo de trabalho (horas)	<table border="1"> <thead> <tr> <th rowspan="2">ECTS</th> <th rowspan="2">Total</th> <th colspan="9">Horas de contacto semestral</th> </tr> <tr> <th>T</th> <th>TP</th> <th>PL</th> <th>S</th> <th>TC</th> <th>E</th> <th>O</th> <th>OT</th> <th>EC</th> </tr> </thead> <tbody> <tr> <td>3</td> <td>80</td> <td>0</td> <td>0</td> <td>64</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <p>T - Theoretical; TP - Theoretical and practical; LP - Laboratory Practice; S - Seminar; TG - Tutorial guidance; FW - Fieldwork; T - Training; ; EC - Clinical teaching; O* - Other hours typified as Clinical Training under the Directive 77/453/EEC of June 27, adapted by Directive 2005/36/EC.</p>	ECTS	Total	Horas de contacto semestral									T	TP	PL	S	TC	E	O	OT	EC	3	80	0	0	64	0	0	0	0	0	0
ECTS	Total			Horas de contacto semestral																												
		T	TP	PL	S	TC	E	O	OT	EC																						
3	80	0	0	64	0	0	0	0	0	0																						
Teacher in charge (GDPR consent) <small>[complete name, email]</small>	José António Da Costa Freitas / jose.freitas@ippportalegre.pt																															
Other teachers (GDPR consent) <small>[complete name, email]</small>	Carlota Beatriz Rico Duarte / carlotaduarte@ippportalegre.pt																															
Prerequisites <small>[Curricular Units that must precede and specific entry competences]</small>	Equitation I and II																															
Learning outcomes <small>[Description of the overall and specific objectives] [Knowledge, skills and competences to be developed by students]</small>	Knowledge: consolidation of riding theory. Skills and competencies: to start and consolidate the work of Dressage and Showjumping at the Elementary level; to understand the origin of the horse's resistances and limitations, and to solve simple problems; to introduce the horse on Eventing; to develop the initial skills in riding pedagogy practices.																															
Sustainable Development Goals																																
Syllabus	<ol style="list-style-type: none"> Saddle gymnastics Work and teaching the horse at the Elementary level; Teaching of the showjumping horse and initiation to the eventing work; gymnastic work over poles and cavaletti schemes; work on isolated and compound fences; execution of Level 1 m showjumping courses; initiation work to cross country fences. Introduction to equestrian pedagogy; knowledge of teaching techniques; principles, methods, and rules. Pedagogical practice - lessons on the rider's seat, dressage, and showjumping at Elementary level. 																															
Teaching methodologies (including assessment) <small>[Specify the types of assessment and the weights and evaluation criteria]</small>	<p>1 - Teaching methodologies</p> <p>Practical classes in which the concepts are explained and demonstrated, and then applied by the students. Continuous assessment, with written tests (20%) and practical tests (80%). Upper limit of 10% unjustified absences, except working students. Mandatory compliance of assessments.</p> <p>2 - Period assessment</p> <p>Upper limit of 10% unjustified absences (except working students).</p> <p>Assessments:</p> <ol style="list-style-type: none"> Dressage test Preliminary 3 - 20% Showjumping test 0,70 m - 20% Written test 1 - 10% Dressage test Elementary 1 - 20% 																															

	<p>5 - Showjumping test 0,80 m - 20% 6 - Written test 2 - 10%</p> <p>3 - Examination assesement</p> <p>N/A</p>
<p>Bibliography</p>	<p>1 - Main Bibliography</p> <p>Mathias, J (1996). Arte de saltar. Inapa Pombeiro, J; Almeida, E; Sequeira, J. (2004). Manual Oficial de Formação Equestre. FEP/IDP/ENE Silva, AT (2009). Hipologia - Guia para o estudo do cavalo. Lidel Veloso, M (2009). Manual do monitor de equitação geral. ENE</p> <p>2 - Complementary Bibliography</p> <ul style="list-style-type: none"> - Manual Prático de Equitação -TheBritishHorseSociety e ThePony Club (1992) - A arte de saltar - Jorge Mathias (1996) - Equitação, como e porquê - Cor. Netto de Almeida (1997) -Dressage, prioritypoints - Richard Davison (1995) EM INGLÊS - História do desporto equestre português - Maria João da Câmara (2003) - Guia essencial do comportamento do cavalo - DesmondMorris (1990) - O exterior do cavalo - José Miranda do Vale (1966) - ConcoursCompletdEquitation preparation, entrainementetcompetition, Patrick Galloux, ÉditionsMaloine (1990), 233 pp.- EM FRANCÊS - Cavaletti, ReinerKlimke, Noticias S.A., (1994), 123 pp. EM ESPANHOL - Ensino do cavalo, Brig. Luís Almeida Ribeiro, edição de autor (1995), 144 pp. - Equitación académica, General Decarpentry, Lettera (2004), 264 pp. EM ESPANHOL - Guía tutor de ayudas para el entrenamientodelcaballo, HilaryVernon, Tutor (2000), 95 pp. EM ESPANHOL - 101 Arena exercises a ringsideguide for horseandrider, Cherry Hill, StoreyPublishing EM INGLÊS
<p>Special Situations [Students with special status]</p>	<p>1 - Period assessment - Students with special status</p> <p>Assessments:</p> <ul style="list-style-type: none"> 1 - Dressage test Preliminary 3 - 20% 2 - Showjumping test 0,70 m - 20% 3 - Written test 1 - 10% 4 - Dressage test Elementary 1 - 20% 5 - Showjumping test 0,80 m - 20% 6 - Written test 2 - 10% <p>2 - Examination assesement - Students with special status</p> <p>N/A</p>