

<b>Updated On</b>	2021/10/28																															
<b>Curricular Year / Period</b>	2021/22 / S1																															
<b>Course</b>	Equinicultura																															
<b>Curricular Unit</b>	História e Teoria da Equitação																															
<b>Language(s) of Instruction</b>	Português Espanhol																															
<b>ECTS/tempo de trabalho (horas)</b>	<table border="1"> <thead> <tr> <th rowspan="2">ECTS</th> <th rowspan="2">Total</th> <th colspan="9">Horas de contacto semestral</th> </tr> <tr> <th>T</th> <th>TP</th> <th>PL</th> <th>S</th> <th>TC</th> <th>E</th> <th>O</th> <th>OT</th> <th>EC</th> </tr> </thead> <tbody> <tr> <td>3</td> <td>80</td> <td></td> <td>32</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>16</td> </tr> </tbody> </table> <p>T - Theoretical; TP - Theoretical and practical; LP - Laboratory Practice; S - Seminar; TG - Tutorial guidance; FW - Fieldwork; T - Training; ; EC - Clinical teaching; O* - Other hours typified as Clinical Training under the Directive 77/453/EEC of June 27, adapted by Directive 2005/36/EC.</p>	ECTS	Total	Horas de contacto semestral									T	TP	PL	S	TC	E	O	OT	EC	3	80		32							16
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<b>Teacher in charge (GDPR consent)</b> <small>[complete name, email]</small>	Susana Pelúcio Pimenta / pimenta1@ippportalegre.pt																															
<b>Prerequisites</b> <small>[Curricular Units that must precede and specific entry competences]</small>	Not requested																															
<b>Learning outcomes</b> <small>[Description of the overall and specific objectives] [Knowledge, skills and competences to be developed by students]</small>	This curricular unit aims to minister the theoretical knowledge about the evolution of the history of world and national riding and yet, all the theoretical concepts of riding necessary to apply in the practice of it; Objectify in theory its application in the practice of all equestrian concepts and their correlations with the horse.																															
<b>Syllabus</b>	1. Saddle: General principles of Saddle (flexibility, balance, solidity and willingness); The classical position and its characterization; The position "ahead" and its characterization; The horse and rider in the Jump (mechanics and adaptation of the rider). 2. Aid study: Aid (definition and characterization); General rules of your employment (the simple reins and their effects, the use of the legs and the weight of the body); The aid agreement. 3. Natural walking: definition and characterization of natural andings; Mechanics and degrees. 4. Training scale: definition; Development of understanding and confidence and of the propellant force; Rhythm, flexibility, contact, impulsion and retitude; Lateral work leg assignment. 5. Elementary theory of the jump of obstacles: the leap into freedom and the jump to the guide; The gymnastic work on the plane and on sticks and easels; Characterization of jumps, beat zones and approximation; The composite jumps. 6. General Theory of Caval Basic education																															
<b>Teaching methodologies (including assessment)</b> <small>[Specify the types of assessment and the weights and evaluation criteria]</small>	<p><b>1 - Teaching methodologies</b></p> <p>Theoretical-practical classes with exposure of concepts and application in concrete situations. The evaluation consists of two written tests.</p> <p><b>2 - Period assessment</b></p> <p>Minimum mandatory attendance of 75% of classes Students ' assessment will be performed through: A. Test on theory of horsemanship - 70% of the final grade B. Teste on history of horsemanship - 30% of the final grade</p> <p><b>3 - Examination assesement</b></p> <p>Single written test, covering all contents</p>																															
<b>Bibliography</b>	<p><b>1 - Main Bibliography</b></p> <p>- Manual do Monitor de Equitação Geral, Cor. Manuel Neves Veloso/ENE (2009).- Programa Oficial de Formação de Praticantes, FEP/IDP (2008).- Programa Oficial de Formação de Formadores de Equitação, FEP/IDP (2004).- Regulamento Geral da FEP, FEP (2003). - Hipologia Guia para o Estudo</p>																															

	<p>do Cavalo, Ana Teresa Martins da Silva, LIDEL (2009), 344pp.- Manual Prático de Equitação -The British Horse Society e The Pony Club (1992)- A arte de saltar - Jorge Mathias (1996)- Equitação, como e porquê - Cor. Netto de Almeida (1997)- Dressage, priority points - Richard Davison (1995) EM INGLÊS- História do desporto equestre português - Maria João da Câmara (2003)- Guia essencial do comportamento do cavalo - Desmond Morris (1990)- O exterior do cavalo - José Miranda do Vale (1966)- Concours Complet d'Equitation preparation, entrainement et competition, Patrick Galloux, Éditions Maloine (1990), 233 pp.- EM FRANCÊS- Cavaletti, Reiner Klimke, Noticias S.A., (1994), 123 pp. EM ESPANHOL - Ensino do cavalo, Brig. Luís Almeida Ribeiro, edição de autor (1995), 144 pp.- Equitación académica, General Decarpentry, Lettera (2004), 264 pp. EM ESPANHOL- Guía tutor de ayudas para el entrenamiento del caballo, Hilary Vernon, Tutor (2000), 95 pp. EM ESPANHOL- 101 Arena exercises a ringside guide for horse and rider, Cherry Hill, Storey Publishing EM INGLÊS. - Estatutos da FEI e FEP (e legislação relacionada).- Regulamentos das disciplinas de Obstáculos, Ensino e CCE, da FEI e FEP.</p> <p><b>2 - Complementary Bibliography</b></p>
<p><b>Special Situations</b> [Students with special status]</p>	<p><b>1 - Period assessment - Students with special status</b></p> <p>Students ' assessment will be performed through:</p> <p>A. Test on theory of horsemanship - 70% of the final grade B. Teste on history of horsemanship - 30% of the final grade</p> <p><b>2 - Examination assesement - Students with special status</b></p> <p>Single written test, covering all contents</p>