

Updated On	2022/03/17																																									
Curricular Year / Period	2021/22 / S2																																									
Course	Equinicultura																																									
Curricular Unit	Hipoterapia																																									
Language(s) of Instruction	Português Inglês																																									
ECTS/tempo de trabalho (horas)	<table border="1"> <thead> <tr> <th rowspan="2">ECTS</th> <th rowspan="2">Total</th> <th colspan="9">Horas de contacto semestral</th> </tr> <tr> <th>T</th> <th>TP</th> <th>PL</th> <th>S</th> <th>TC</th> <th>E</th> <th>O</th> <th>OT</th> <th>EC</th> </tr> </thead> <tbody> <tr> <td>3</td> <td>80</td> <td>0</td> <td>32</td> <td>16</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> <td>0</td> </tr> </tbody> </table> <p>T - Theoretical; TP - Theoretical and practical; LP - Laboratory Practice; S - Seminar; TG - Tutorial guidance; FW - Fieldwork; T - Training; ; EC - Clinical teaching; O* - Other hours typified as Clinical Training under the Directive 77/453/EEC of June 27, adapted by Directive 2005/36/EC.</p>											ECTS	Total	Horas de contacto semestral									T	TP	PL	S	TC	E	O	OT	EC	3	80	0	32	16	0	0	0	0	0	0
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3	80	0	32	16	0	0	0	0	0	0																																
Teacher in charge (GDPR consent) <small>[complete name, email]</small>	Susana Pelúcio Pimenta / pimenta1@ippportalegre.pt																																									
Prerequisites <small>[Curricular Units that must precede and specific entry competences]</small>	No																																									
Learning outcomes <small>[Description of the overall and specific objectives] [Knowledge, skills and competences to be developed by students]</small>	<p>The objectives of the course are:</p> <p>Knowledge of characterization and evolution of hippotherapy / special riding; Domain specific terminology and symbology of this type of activity; Knowledge of the rules of operation of this type of therapy; Knowledge of the intervention models and pathologies involved; Knowledge and mastery of safety rules specific to this type of activity, particularly those relating to work in a multidisciplinary team; Domain of hygiene rules and methodology Horse Mastery of exercise prescription in hippotherapy / special riding Knowledge of rules and competitive frameworks adapted from riding.</p>																																									
Syllabus	<p>1 - The Special Riding 1.1 - Structuring Concepts / Conceptualization 1.2 - Historical Perspective 1.3 - Different uses of horse riding 1.3.1 - Hippotherapy 1.3.2 - Therapeutic Riding 1.3.3 - adapted Riding 1.3.4 - The constitution and importance of multidisciplinary teams 2 - Benefits of riding in the education and development of children with disabilities 3 - Riding as support for school learning - Concepts and Nomenclature 4 - The Horse and the Special Riding 4.1 - Selection of the appropriate horse 4.1.1 - The welfare of the horse. 4.2 - Safety in the Ring 4.2.1 - General Safety Rules 4.2.2 - Mounting and unmounting people safe 5 - Special Riding 5.1 - Pathologies indicated and contraindicated 5.2 - Exercise Prescription 5.3 - Admission and "follow up" the knight in rehabilitation 6 - Special Riding the Third Age 7 - Overview of Current Special Riding in Portugal 7.1 adapted -Equitação - Competitive Framework 8 - Professional Horizons (training, certification and professional career in some EU countries) 9 - Future outlook for special riding in Portugal 10 - Practice the introduction to riding simulation and therapy sessions</p>																																									

<p>Teaching methodologies (including assessment)</p> <p>[Specify the types of assessment and the weights and evaluation criteria]</p>	<p>1 - Teaching methodologies</p> <p>The theoretical sessions are plenary by E@D and serve for students to acquire scientific knowledge through a methodology of group work and questioning in order to promote greater participation of students as well as realize the levels of knowledge acquisition by the thereof. The approach to the theoretical contents will be complemented by practical classes (if possible) in the arena in which the application is privileged in simulated practices.</p> <p>Will inform the relevant classes are supplemented by a set of specific information and placed bibliography and discussed online by creating a common network of contacts in real time. Are used to social networking platforms adjacent coming so quickly and allowing students to extend the weekly office hours.</p> <p>The final assessment consists of a written exam, non presential, individual work plan for the most important themes of UC. To complete UC successfully, all students should have at least 9.5 in each of the time points as well as meet the standards of the internal school rules. Students may opt for final exam.</p> <p>2 - Period assessment</p> <p>Minimum mandatory frequency of 90% of class.</p> <p>The evaluation of students will be carried out through:</p> <ol style="list-style-type: none"> Test, worth 55% Three development works, worth 15% each. <p>3 - Examination assesement</p> <p>Final exam 100%</p>
<p>Bibliography</p>	<p>1 - Main Bibliography</p> <p>Alves, E. (2009). <i>Prática em Equoterapia: Uma Abordagem Fisioterápica</i> (1ª ed.). São Paulo: Atheneu Editora.</p> <p>Brito, M. C. G. (2000). <i>Minha cavalgada II: Equoterapia cavalgar é preciso</i>. Ed. Oiti, Salvador-BA.</p> <p>Britton, V. (1991). <i>Rinding for Disabled</i>. London, England: B. T. Batsford Ltd.</p> <p>Brown, H. M. (1973). <i>Horseback riding as therapy</i>. Association for Retarded Children.</p> <p>Campos, M., Gonçalves, E., Bruges, V. (2005). <i>Faculdade de Ciências do Desporto e Educação Física da Universidade de Coimbra</i>.</p> <p>Coelho, A. (n.d.). <i>A Viagem do Senhor Down pelo Mundo da Hipoterapia: Estudo experimental com crianças com Síndrome de Down</i>.</p> <p>Fitzpatrick, J. C. & Tebay J. M. (1998). <i>Hippotherapy and therapeutic riding: An international review</i>. C. C. Wilson & D. C. Turner (Eds). <i>Companion Animals in Human Health</i> 41-58. Thousand Oaks, CA: Sage Publications, Inc.</p> <p>Lermontov, T. (2004). <i>A psicomotricidade na equoterapia</i>. Aparecida: Ideias e Letras.</p> <p>Medeiros, M. & Dias, E. (2002). <i>Equoterapia: bases e fundamentos</i>. 1. ed. Rio de Janeiro: Revinter.</p> <p>2 - Complementary Bibliography</p> <p>Munaretto, P. (2006). <i>Análise da Interferência da Equoterapia na Simetria Corporal de Paciente Portador de Paralisia Cerebral do Tipo Hemiparético Espástico: Um Estudo de Caso Comparativo</i>. Cascavel.</p> <p>Neves, D., Carvalho, R., Boas, R. (n.d.). <i>A Semelhança dos Movimentos do Andar Natural do Ser Humano com os Movimentos da Andadura Natural do Cavalo: Um Trabalho Extensionista do NEQUI</i>.</p> <p>Queiroz, C. (n.d.). <i>Visualização da semelhança entre os movimentos tridimensionais do andar do cavalo com o andar humano</i>.</p> <p>Santos, S. (2005) <i>Fisioterapia na equoterapia: análise de seus efeitos sobre o portador de necessidades especiais</i>. Aparecida: Idéias e Letras.</p> <p>Santos, T. (2008). <i>Deficientes físicos e mentais apostam nos cavalos em busca da recuperação</i>.</p> <p>Seixas, L. (2011). <i>O efeito da Hipoterapia e da Atrelagem Adaptada na auto-eficácia e nas funções psicomotoras de crianças com necessidades educativas especiais</i>. Dissertação de mestrado em ciências da Educação. Universidade Nova de Lisboa.</p>
<p>Special Situations</p> <p>[Students with special status]</p>	<p>1 - Period assessment - Students with special status</p> <p>The evaluation of students will be carried out through:</p> <ol style="list-style-type: none"> A frequency test, worth 100%

2 - Examination assesement - Students with special status

Final exam 100%
