

Curricular Unit Form

(Document wating approval from Course Commission)



Updated On	2023/10/19										
Curricular Year / Period	2023/24 / S2										
Course	Social Service										
Curricular Unit	Social Psychology										
Language(s) of Instruction	Português										
ECTS/tempo de trabalho (horas)	ECTS Total		Horas de contacto semestral								
	6	150	Т	TP	PL	S	тс	E	0	ОТ	EC
			0	60	0	0	0	0	0	15	0
	T - Theoretical; TP - Theoretical and practical; LP - Laboratory Practice; S - Seminar; TG - Tutorial guidance; FW - Fieldwork; T - Training; ; EC - Clinical teaching; O* - Other hours typified as Clinical Training under the Directive 77/453/EEC of June 27, adapted by Directive 2005/36/EC.										
Teacher in charge (GDPR consent)	Isabel Maria Esteves Da Silva Ferreira / isabelferreira@ipportalegre.pt										
[complete name, email]											
Prerequisites											
[Curricular Units that must precede and specific entry competences]											
Learning outcomes [Description of the overall and specific objectives] [Knowledge, skills and competences to be developed by students]	epistemological reflection. 2. Develop knowledge in the area of communication and interpersonal and group processes. 3. Know and put into practice motivational processes and leadership styles. 4. Acquire knowledge about social influence factors and altruism. With these objectives, students are expected to develop skills in the area of knowledge, skills and attitudes in the field of psycho-social phenomena, in order to constitute an added value for the rigorous exercise of their professional functions. At the same time, students are expected to understand the research methods used and the resulting practical applications.										
Sustainable Developemnt Goals	4 QUALITY TO REDUCED INEQUALITIES										
Syllabus	1. 1.Introduction to Social Psychology 1.1.History and theoretical systems 1.2. Intra and interdisciplinary relationships 2- Interpersonal communication 2.1. The Communication process 2.2. Verbal communication (language pollution factors) 2.3. Nonverbal communication (types of nonverbal communication) 2.4. Communication styles - Assertiveness 3. Group and intergroup processes 3.1 Group concept 3.2. Types of group and variables that affect the functioning of groups. 3.3. Group structure and dynamics 4. Social Influence Factors 4.1. Social facilitation; conformism, obedience and innovation; conflict and decision making. 5. Altruism and helping behavior 5.1. Personal and situational factors 7. Motivation 7.1. Concept, content and process theories.										
Teaching methodologies (including assessment)	1 - Teach	ing meth	odologie	s							



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Theoretical exposition for information transmission. Individual or group communication games. Solving problems and interpersonal conflicts in groups. Analysis of printed documents or in audiovisual format, in groups. The final assessment of each student results from: the grade of an individual written and in-person test (test) with a weighting of 70% and the grade of the work carried out in classes with a weighting of 30%. It is a necessary condition for passing the UC that the written test has a grade higher than 8 points and that the majority of class work is completed. If it is impossible to carry out the planned activities or do not obtain the minimum grade to pass this assessment regime, students will also have the possibility of carrying out this curricular unit during the scheduled exam times. 2 - Period assessment [Specify the types of assessment and the weights and evaluation criteria] The final assessment of each student results from: the grade of an individual written and in-person test (test) with a weighting of 70% and the grade of the work carried out in classes with a weighting of 30%. It is a necessary condition for passing the UC that the written test has a grade higher than 8 points and that the majority of class work is completed. If it is impossible to carry out the planned activities or do not obtain the minimum grade to pass this assessment regime, students will also have the possibility of carrying out this curricular unit during the scheduled exam times. 3 - Examination assessement Assessment by exam will consist of an individual written test and will cover all the contents of the curricular unit. 1 - Main Bibliography **Bibliography** 2 - Complementary Bibliography 1 - Period assessment - Students with special status **Special Situations** [Students with special status] 2 - Examination assessement - Students with special status